

'DIANA COOKE MEMORIAL' OPEN 10 MILE TIME TT

13th AUGUST 2016, COURSE K11/10T

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser: Barry Harden

29 Guilsborough Road

COVENTRY CV3 2HL.

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Mobile on the day 07791 212425 'E mail': barryaharden@aol.com

Event Headquarters: Old Laurentians Sports Ground,

Fenley Field, Lime Tree Avenue,

Bilton, Rugby. CV22 7QT.

First Rider Starts at 2.01pm

Officials: Timekeepers; Peter Bayliss & Roger Gillitt

Recorder; Carole Bayliss
Recorders Assistant; Bob Allen
Start Steward; Jon Wood
CTT Observer; Barry Harden

Number Stewards; Mary Fay & John Rutter

Catering; Joan Allen, Margaret Harden & Steph Tallis

Results Service; Ian Kellaway & Donald McClean

Marshalls; Andy Gardner, Andy Delaney, Rob Chatwin,

Bob Prince, Samantha Griffin-Davis, Phil Davis.

& other Members of Coventry CC.

Competitors Notes

'CTT' recommend that a hard-shell helmet that meets a recognised International Safety Standard should be worn; this is compulsory for U18's, (Regulation 15).

'CTT' also advise that a working, preferably flashing, Rear Light be fitted to all machines.

www.coventrycyclingclub.weebly.com

Course Description:

SP 462 716: START; In the Lay-by 200 yards West of the A45/M45 Thurlaston Island at the 3rd

joint in the concrete apron. Ride West along the A45.

SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.

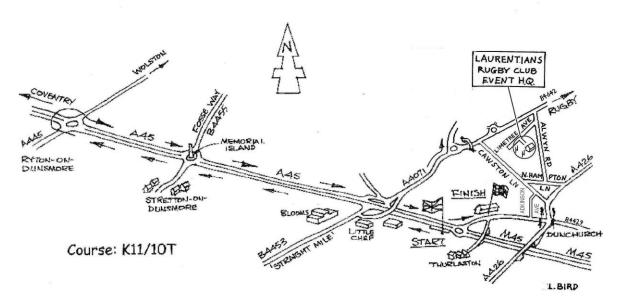
SP 391 741: At the next Island, (A45/A445), take the 4th exit to retrace along the A45.

SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.

SP 465 715: At the A45/M45 Island, take 1st exit onto the B4429 towards Thurlaston/Dunchurch.

SP 465 715: FINISH; 60 yards past the right turn to Thurlaston, (Main Street); in line with the

Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Competitors Notes:

The Event headquarters will be open from 12.30pm. There is a large Car Park in the Drive-way & should this fill up you may be directed to use an area on the far side of the Sports Pitches.

Numbers will be issued only when a Competitor has 'signed on'; exchange your Number for a free drink after your ride.

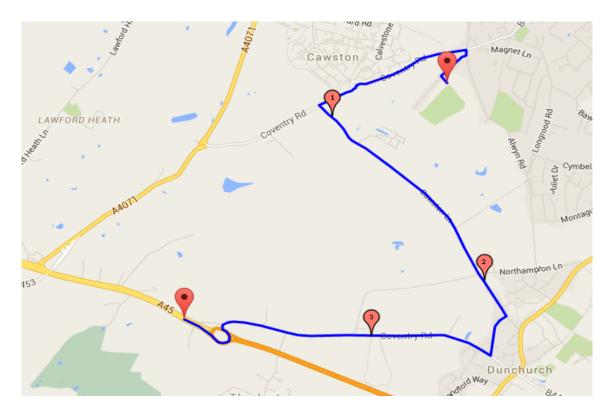
Please note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

Please do not warm up on the Course; we have previously had complaints from other competitors, particularly on the B4429 run in to the Finish. Competitors have needed to either brake or pull out in front of vehicles approaching from behind. It also causes confusion for the Finish Timekeeper. We suggest using the A45 to the East of Dunchurch, in the direction of Willoughby & Daventry.

Handicaps have been set according to data taken from the CTT Standard Chart, based on best times at the distance during the last three years where this information was available.

Veterans Standards have been taken from the Revised 2013 VTTA Chart.

It is nearly four miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper. See the following map for the recommended route to the Start, this will be signed using CTT Direction Arrows; please avoid using the A4071/A45 as this utilises the final section of the Course.



PRIZE LISTS

Women's Event	Fastest		Handica	ар
	First	£50	First	£25
	Second	£40	Second	£20
	Third	£30	Third	£10
	Fourth	£20		
	Fifth	£15		
	Sixth	£10	Vet's on Std	
			First	£15
			Second	£12
			Third	£10

Fastest Club Team of 3 Riders £10 each.

The Winner of the Women's Event will hold the 'Diana Cooke Memorial Trophy' until the 2017 'Diana Cooke Memorial' event. We intend to hold a Prize Presentation for the Women's Event ASAP during the afternoon

Men's Event	Fastest	Fastest			
	First	£50	First £	25	
	Second	£40	Second £	20	
	Third	£30	Third £	10	
	Fourth	£20			
	Fifth	£15			
	Sixth	£10	Vet's on Std	Vet's on Std	
			First £	15	
Juvenile/Junior on H'cap		£10	Second £	12	
Espoir on Handicap		£10	Third £	10	

Fastest Club Team of 3 Riders £10 each.

Prizes for the Men's Event will be available after the Event; for those not present the prizes will be despatched with the Result Sheet. Provisional Results will be posted on the Club Website within 48 Hours. www.coventrycyclingclub.weebly.com

Who was Diana Cooke'?

Diana was a keen member of Coventry CC through her teenage years and up to her untimely death. Diana was an ever present face on Club Runs and at Social Events; often participating in Club Time Trials. A very popular young lady amongst her peers, she was acting editor of the Club's magazine 'The Milestone'.

During that period the Cooke's were a cycling family; Diana was the younger sister of Chris and Tony, both prominent racing members of Coventry CC. Were Diana still with us today she would be an Aunt to Olympic & multiple World Champion Nicole Cooke.

Previous Winners of the 'Diana Cooke Memorial', 10 Mile Time Trial

1984	Helen Parritt	Zenith CC	24.45
1985	Mandy Jones	West Pennine RC	23.22
1986	Maria Blower	Charnwood CRC	24.50
1987	Sandra Curtis	Solihull CC	25.25
1988	Sandra Curtis	Solihull CC	25.28
1989	Theresa Coltman	Hull Thursday	24.14
1990	Maxine Johnson	Dinnington RC	25.23
1991	Mandy Jones	Liverpool Mercury	22.24
1992	Louise Jones	GS Strada	23.53
1993=	Maria Lawrence	Rockingham Forest	24.40
1993=	Alison Thomas	Stourbridge CC	24.40
1994	Maxine Johnson	Oundle Velo	24.01
1995	Maxine Johnson	Oundle Velo	23.51
1996	Maxine Johnson	Team Lusso	23.21
1997	Maxine Johnson	Letchworth Velo	23.21
1998	Maxine Johnson	Letchworth Velo	23.26
1999	Maxine Johnson	Letchworth Velo	23.45
2000	Gillian Reynolds	Willesdon CC	25.20
2001	Maxine Johnson	Inter Bike RT	24.25
2003	Michelle Brown	Coventry CC	24.47
2004	Nadine Garioud	Leamington C&AC	24.34
2005	Ruth Eyles	Beacon Roads CC	23.33
2006	Ruth Eyles	Beacon Roads CC	23.38
2007	Ruth Eyles	Beacon Roads CC	22.36
2008	Ruth Eyles	Beacon Roads CC	23.32
2009	Ruth Eyles	Beacon Roads CC	22.51
2010	Michelle King	Cult Racing	22.23
2011	Michelle King	Cult Racing	22.43
2012	Rebecca Slack	London Dynamo	23.26
2013	Rebbeca Slack	Look Mum No Hands!	23.14
2014	Rosie Armitage	Team Echelon-Rotor	24.09
2015	Rachael Elliot	Newbury RC	23.32